An ABC A Day Activity to Bring Families Closer!

A Talk about your Favorite animal And draw it! Snail mail your creation!	**B** Bake a cake or cookies together! You even judge the creations as a family *More indoor tips here!*	**C** Cuddles! Take time to just cuddle! That simple	D Have a Dance party inside or outside or a dance battle! Can battle friends through online like Zoom or messenger!	E Exercise. No better time now than to get in shape. Many places are having online classes like *Ballet Nova*	F Forts! Build an awesome fort out of whatever is lying around the house!	G Games. Play games together. For older kids, have them create their own original game!
H Handwritten notes. Send one to someone. *Tips here.*	I Ice-cream. Have an ice-cream party! What toppings do you add?	J Create Jokes and make your own comedy club at home	K Kicks! Do some exercising together. Ready? Start with 10 kicks. And go.	L Literary time. Create your own story to share. Write it down or have children share it on video!	M Magic. Learn a magic trick and share it!	N Numbers. Work on numbers together. Do you have a favorite number?
O Organize the house. Make a game out of it so kids aren't as bored! Early spring cleaning means more time outdoors later!	P Play do. Play do is super easy to make. 1 cup salt. 1 cup flower. Mix. Then add one cup of water. Mix. You can add a couple drops food color too	Q Quiet time. Have some quiet time. Read books together. Just enjoy some silence	R Rocks. Find rocks and paint them or glue stuff to them! Or you can build rock sculptures! *More outdoor suggestions here!*	S Sing. Sing songs together. You can even make up super silly songs! Our best, Abby sang about trees not wearing underwear!	T Time Capsule. Make a time capsule and hide it. Do not open for a predetermined amount of time.	U Unicorns. Talk about unicorns and faraway lands
V Volcanos! Make your own volcano and talk about them! *Activity here*	W Go take a walk as a family. Lots of *local Hudson Valley spots* that are great or explore *alltrails!*	X X marks the spot. Go on a treasure hunt.	Y Yoga is a lot of fun. For young kids, try *Cosmic Kids Yoga* on Youtube!	Z Zoom around the house or yard. Find different ways to zoom.	Bonus Activity: Have a gratitude jar. Everyone gets piece of paper and writes what they are grateful for-open in 6 months	Bonus: Create your own and share with us on social! We are on FB, Twiter, and Instagram

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